

Recreation Brochure

Photo by Ed Bruder

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Fall/ Winter



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Contact Information:

Town Hall.....303-823-6622
 Parks Office 303-823-8250
 Visitor Center.....303-823-6622X26
 LaVern Johnson Park Host..303-823-6150
 Library303-823-5915
 Museum.....303-823-5271
 Fire Department.....303-823-6611
 Animal Control.....303-441-4444
 Town Website....www.townoflyons.com
 Emergency.....911

Locations:

Town Hall	432 5th Ave.
Parks & Rec	432 5th Ave.
Bohn Park	199 2nd Ave.
Sandstone Park	350 Broadway
LaVern Johnson Park	600 Park Dr.
Walt Self Community Room	335 Railroad Ave.

Mission Statement:

The Lyons Department of Parks, Recreation & Cultural Events strives to develop and enhance recreational and cultural opportunities for its residents and visitors, while improving and preserving its community parks, open spaces, trails and facilities.

Parks and Recreation Staff:

Director of Parks, Recreation & Cultural Events:

Dave Cosgrove

Parks & Recreation:

Marissa Davis
 Lori LeGault

Parks Project Manager: Sloane Nystrom

Maintenance Staff:

Mike Harris
 August Hendrickson

recreation@townoflyons.com or 303-823-8250

Parks and Recreation Commission:

Chair: Open

PRC Members:

Doug Stahl
 Pam Barnes
 Chris Cope
 Ian Brighton
 Veronika Gaia
 Dave Orback

Board of Trustee Liaison:

Jim Kerr

Staff Liaison:

Dave Cosgrove

How to Register for Parks Programs:

1. **ONLINE-** www.townoflyons.com
Click on event or activity.
Print registration form and drop off or mail to Town Hall (432 5th Avenue/
P.O. Box 49 Lyons, CO 80540.)
2. **PHONE –** Unless waiver needs to be signed.
Call Lyons Parks & Rec, 303-823-8250
3. **WALK-IN-** During business hours: 7:30-4:00pm

Important Registration Information

- Full payment is due at registration.
- After initial registration, all refund requests must be made in writing no less than three working days prior to the start of the class and are subject to a \$15.00 service charge. Two days prior to the class start date, through the first week of class, 50% of the class fee is refundable. No refunds are given after the first class session. Full refunds are given for cancelled classes.
- Sorry, refunds cannot be given in cash. A check will be issued and mailed within 4 weeks.
- \$20 charge on all returned checks.
- A resident is defined as living within the Town limits of Lyons and having utilities (electric, water or sewer service) provided by the Town of Lyons.
- Classes may be cancelled or consolidated if minimum enrollment figures are not met 1 week before a class starts. Participants will then be contacted.

We're looking for Instructors!

Do you have knowledge of a particular subject or skills you would like to share with others? Perhaps a hobby that you would love to talk about? Whatever it might be, we're always in search of new class topics and would love to hear about your class idea. Please call Lyons Parks and Recreation (303) 823-8250 or e-mail recreation@townoflyons.com to find out more about teaching a class or classes for the Lyons Department of Parks, Recreation & Cultural Events!

Thanks to all of our community volunteers!

The Town of Lyons would like to thank everyone in the community who helps to support and volunteer for the Department of Parks, Recreation and Cultural Events. Without your generosity it would be difficult for us to continue to offer all of the wonderful programs and activities that we do and to provide such wonderful parks here in Lyons. Thanks to all of you! For information or to volunteer please contact the department at 303-823-8250.

Volunteer Requirements

Why do volunteers undergo background checks?

Parks and Recreation appreciates and relies on the support of volunteers to implement many of our programs and events. Increasingly, there is public concern regarding the qualifications and backgrounds of volunteers working in public settings. Parks and Recreation is committed to making our community more livable, healthy, and safe by ensuring that only the most qualified volunteers represent Parks and Recreation. All Volunteers are required to complete an annual background check prior to representing the department in a public setting per guidelines recommended from the National Parks & Recreation Association and the town's insurance provider- CIRSA..

Registration Deadlines

Program deadlines are one week prior to the start of class unless otherwise listed.

Why do programs/activities have registration deadlines?

Establishing registration deadlines helps improve the quality of the programs being offered by ensuring minimum enrollment are being met, and allowing instructors sufficient time to prepare for the programs.

How are registration deadlines met?

Registration deadlines are set one week prior to the scheduled start date of the program/activity. However registration deadlines may be revised for exceptional situations or as determined by recreation management.

Why do some registrations close prior to the deadline?

Registrations will close when a program/activity reaches maximum enrollments. However, a participant may have their name put on a waitlist in the event of an unexpected opening.

Cancellations

Why are some programs/activities cancelled?

Programs/activities are cancelled when the minimum enrollment requirements are not met, or at the discretion of recreation management.

Refunds

When are programs/activity fees refunded?

The total amount paid will be refunded to a registered participant when a program/activity is cancelled or when the registered participant cancels three working days prior to the start of the program/activity and are subject to a \$15.00 service charge. Two days prior to the class start date and through the first class session, 50% of the class fee is refundable. No refunds are given after the first class session. Exceptions to the refund policy must be approved by management.

Evaluations

Why are participants asked to complete program evaluations?

Parks and Recreation strives to produce the best quality programs within our means by conducting program evaluations. The goal is to get honest feedback from participants after the program is completed. Program evaluations are on the Town of Lyons website. The evaluations ask thoughts on the overall program, and ways to better serve your needs. We encourage every participant to take a few minutes to read, fill out and return the evaluations. The feedback we receive is incorporated into the planning and implementations of future programs.

Dog Licensing

Lyons residents must license their dogs by May 1st of each year. In order to license your dog you will need to fill out a registration form and provide a veterinarian certification of rabies vaccination to Lyons Town Hall. Dog licensing costs \$30 for the first dog license and \$20 for each additional dog. You may obtain a registration form online or pick one up at Town Hall. This information can be mailed to P.O. Box 49, Lyons, CO 80540 or dropped off at Town Hall, 432 5th Ave.

Bohn Bark Off Leash Dog Area rules & Regulations

Bohn Bark is open from sunrise to sunset seven days a week during regular Bohn Park hours unless closed for maintenance or special events. Enter at Your Own Risk.

- **Dogs must be leashed when entering and leaving the enclosure**
- **Owner must have a leash in their possession for EACH dog at all times**
- **Handlers must assume full responsibility for their dogs**
- **Handlers must dispose of dog feces properly and immediately in provided receptacles**
- **Dogs must be supervised and under handler's control at all times**
- **Dogs must be vaccinated and display proper licensing**
- **No aggressive dogs, no female dogs in heat, no ill dogs**
- **No human food (dog treats ok).**
- **No toys, chairs, water dishes or trash left behind**
- **Limit of three (3) dogs per person.**
- **All children must be accompanied by an adult**

Any bite, attack, violations, or problems must be immediately reported to the Boulder County Animal Control at (303)441-4444. In case of emergency, call the Boulder County Sheriffs Department at 911. All users of the off-leash area must abide by the posted rules, also referenced in ordinance 841 of the revised Lyons Municipal Code. Violators are subject to fines.

Where Can my Dog Run Free?

The Town of Lyons has one designated off-leash area.

1. Bohn Bark Off Leash Dog Area, 10 acres located at Bohn Park, 199 2nd Ave. Access from Bohn Park main parking lot.

*Any dog using this area must have a current license issued by the Town of Lyons.

Protect the Paws!

This is a friendly reminder to please be aware of little paws, while the Main St. Streetscape & Confluence Area CIP projects begin to place asphalt!

Asphalt reaches around 225° F when laid – nearly 13° hotter than the boiling point of water, at 212° F. The freshly-laid surface opens to traffic very shortly after the hot asphalt is placed, as vehicle tires can withstand the warm temperature. However, pads on dogs' paws are not as durable, and while the road may be open to vehicle and pedestrian traffic, the extreme heat of the newly-placed asphalt may still be present.

Consider placing the back of your hand on any patch or area with new asphalt – if you cannot hold it down for 5 seconds, then the surface is too hot for dogs.

The Town will continue to send eblast notices when new asphalt is anticipated to be placed; however, always err on the side of caution and apply the 5-second rule.

Special Use/Large Group Permits

Large Group Permits

Any person wishing to use a Town of Lyons park facility for ANY activity, event or program that is expected to have 30 or more attendees MUST submit a Large Group Permit Application to the Department at least 30 days prior to the date of the activity, event or program.

Special Use Permits

Any person wishing to utilize a Town of Lyons park facility for ANY Special Use (i.e. Athletic Events, Entertainment Events, Social Events, Instructional Activities, Commercial Tours, Outfitters & Guides, Commercial Photography or Filming, Series Events or any other special use), regardless of size, MUST submit a Special Use Permit Application.

Please remember that if you are applying for a Special Use Permit or a Large Group Application you need to apply for this 30 days prior to your events. Please contact the Department or visit website for more information.

Camping

LaVern Johnson Park Camping

General Information:

Availability:

Sites are available on a first come, first serve basis unless other arrangements are made. There are 15 RV sites with full hookups and 17 official tent sites that can accommodate up to two tents each. The camping season runs from April 1st through October 15th. You may call 303-823-6150 (Park/Camp Host) or 303-823-8250 (Parks Office) to make reservations. There are several community events that take place during the summer when camping and shelter reservations may not be available. It is important to check with the Department or the Park Host to ensure that your plans will not conflict with Town events.

Services:

Meadow Park allows tent camping, water, sewer and electric hookups for RV's as well! There is access to potable water, showers and restrooms within the park. There is also access to additional sewer dump available for self-contained RV's located at the corner of 4th Avenue and Railroad Avenue (directly across the street West from the Visitor Center).

Camping Permit/Fees:

Campers are encouraged to seek out the Park/Camp Host to receive and fill out the Camping Permit. This permit must be placed in a visible location inside the front windshield of their vehicle and in a location near their site. Permits may also be found at Lyons Town Hall located at 432 5th Avenue (across from the entrance of Meadow Park). A three night minimum is required for the 4th of July, Memorial Day, and Labor Day. Each permit includes the cost for parking of 1 vehicle. Each additional vehicle is \$5.00 per day and you must park in general overflow parking away from site, you must be sure to put a camping pass in your windshield. Park Host designates parking for campers. No campfires are permitted and Charcoal and propane cooking are allowed only in designated grill sites. Fees are payable by cash or check (checks

Shelters

Residents or any person wishing to RESERVE a Town of Lyons Shelter facility for ANY use, regardless of size, can fill out a shelter application and submit it to the Lyons Department of Parks, Recreation and Cultural Events Department. These forms can be obtained by contacting the Parks Department or visiting the website.



Quarry Shelter



WPA Shelter



St. Vrain Shelter

Interested in Using the Town Marquee, Hanging a Banner, or Posting on the Town Website?

Requests have been made by individuals and organizations to have announcements placed on the Town of Lyons marquee, in the Town of Lyons newsletter, on the Town of Lyons website and to have banners hung on Town property. In order to do so, you must follow a certain set of guidelines and must fill out a Town of Lyons Media Request Form. A full listing of procedures along with the form may be found at www.townoflyons.com.

Notice: Use of Town Trails

It is unlawful to operate Golf Carts, ATV's, Motorcycles, or any unauthorized vehicles on any Town trail or in unauthorized park areas. Only authorized Town vehicles are allowed.



Right-of-way Property Maintenance

You may know that it is illegal to place branches and unwanted yard waste on Town and CDOT right-of-way, but did you also know the right-of-way adjacent to private property is the responsibility of the property owner to maintain?

While the Town has received a grant to fund a temporary code enforcement officer, keeping the entire community kept up, clean, and inviting is the responsibility of all community members. The Lyons Municipal Code has numerous laws placing responsibility on property owners and residents to keep not only private property clean and nuisance-free, but also to maintain the public rights-of-way adjacent to the owners' property.

Stay Off Newly Vegetated Areas!

Please help this important & fragile life have a chance of survival by staying off all newly vegetated areas along the creek!! Your support and cooperation is sincerely appreciated.

Pet Owners are Responsible for Leashing/Clean Up of Pets

This is a reminder to all pet owners that pets must be leashed throughout town and in town parks except in designated areas and pet owners are responsible for all clean up. Please clean up after your pet as it is unsanitary not to do so and is also against Town of Lyons Municipal Code 4-2-5D. Leash laws apply per Municipal Code 4-4-3.

Bring Your Bags to Town Hall

The Town of Lyons Department of Parks, Recreation & Cultural Events is in need of plastic bags to refill the dog stations in our Town Parks. Help us cut costs and recycle at the same time. The next time you take a trip to Town Hall, don't forget to drop off and recycle your bags.

Fishing in Lyons

Regulations

North Saint Vrain Creek (in Town of Lyons)

*Artificial flies and lures only

*Catch and Release

Fishing Licenses (available at Clark's Hardware)

Fee for Residents:

Adult annual (ages 16-63)	\$26
Senior annual (64 and older)	\$1
Small Game & Fishing combo	\$41

Fee for Nonresidents:

Annual	\$56
Five-day	\$21

Fee for Youth

Resident and nonresident younger than age 16 (second-rod charge still applies) FREE

Residents & nonresidents	\$5
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Second-rod stamp

The second-rod stamp is available to anyone who has purchased a fishing license and any youth under 16.

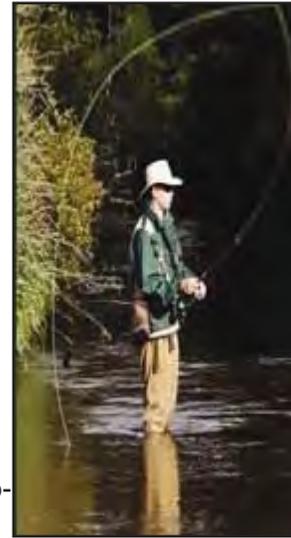
One-day fishing	\$9
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Habitat Stamp.....\$10

Required for residents and nonresidents, ages 18-64.

Add this to license fees below if you have not yet purchased a 2016 Habitat Stamp.

Customers buying a one-day or additional-day license are exempt from the Habitat Stamp fee with the first two of these licenses. The habitat fee will be assessed when a third license of this type is purchased. Prices include 25-cent search-and-rescue fee and 75-cent surcharge for the Wildlife Management Education Fund.



Recycling in Lyons

Lyons Drop-off Recycling Center provided by Boulder County Eco-Cycle

Location: 426 Railroad Ave., directly east of Lyons Depot Library

Hours: Open Dawn to Dusk

Questions? Contact Boulder County at 720-564-2221

Single-Stream Recycling is now accepted at the Lyons Drop-off Recycling Center.

The following materials are accepted together in the single-stream recycling bin at the Lyons Drop-off Recycling Center:

- Glass bottles and jars of any color (please avoid breaking glass)
- Aluminum cans (do not crush or flatten cans)
- Aluminium pie pans and aluminum foil; Ball all aluminum foil together into one large ball 2" or larger (no small, balled-up foil)
- Steel (tin) cans
- Metal jar lids (loose)
- Metal bottle caps
- Empty aerosol cans (no caps)
- Paper milk cartons/drink boxes/juice cartons
- Plastic bottles, tubs, jugs and jars; okay to recycle screw-top plastic caps on empty plastic containers.

Lyons Residents Eligible for RTD Eco Pass

As a Lyons resident, you are eligible for a FREE RTD Eco Pass. This is a community-wide annual pass and will entitle you to unlimited usage of RTD services.

- Any local, express or regional bus, including the “Y” service from Lyons to Boulder.
- Boulder's Community Transit Network: HOP, SKIP, JUMP, BOUND, DASH, STAMPEDE and BOLT.
- SkyRide bus service to DIA (\$5 to DIA, free return fare).
- “N” bus to Eldora Mountain Ski Resort.
- Light Rail.
- The new Fort Collins FLEX Service

Using your Eco Pass is easy. Just show the Eco Pass photo ID card to the bus driver or light rail inspector. Then take a seat, relax and enjoy the ride!

Get Your Pass: To qualify for this pass, you must live within the Lyons Planning Area. Please bring a driver’s license or photo ID AND one of the following proofs of residency which contains current physical Lyons address: a current utility bill, renter’s agreement, financial statement, or other document that shows legal residence in Lyons, to Town Hall, Monday-Friday between 8 a.m. and 4:15 p.m. to get your FREE RTD Bus Pass. These passes are made possible by Boulder County with the support from the Town of Lyons. For more information visit www.townoflyons.com/415/free-bus-pass.com or contact the Town of Lyons, 303-823-6622 X 46.

ROUTE Y: LYONS / BOULDER

Weekday, Southbound Schedule

Please visit www.rtd-denver.com for complete route information and scheduling details.

Lyons Park-n-Ride	US 36 - Colo 66	US 36 - Middle Fork	Broadway - Yarmouth	Broadway Iris	Broadway - Alpine*	Boulder Transit Center
537A	540A	549A	555A	557A	600A	604A
647A(m)	650A	659A	706A	708A	711A	717A
759A(m)	802A	811A	818A	820A	823A	829A
1142A(m)	1145A	1154A	1200P	1202P	1205P	1211P
102P(m)	105P	114P	120P	122P	125P	131P
447P(m)	449P	458P	503P	505P	508P	512P

Weekday, Northbound Schedule

Downtown Boulder Station	Broadway Alpine	Broadway - Yarmouth	US 36 - Middle Fork	US 36 - Colo 66	Main - 4th	Lyons Park-n-Ride
727A	733A	737A	743A	751A	753A	755A
1100A	1106A	1112A	1118A	1126A	1130A	1132A
1220P	1226P	1232P	1238P	1246P	1250P	1252P
409P	415P	421P	427P	435P	439P	441P
525P	531P	538P	544P	552P	556P	558P
639P	645P	651P	657P	705P	708P	710P

University of Colorado Football Game

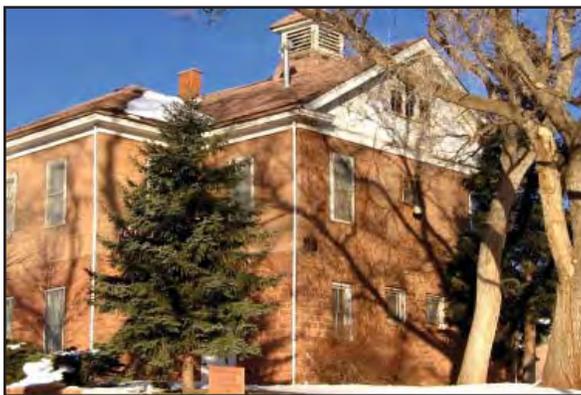
The Town of Lyons Parks & Recreation Department is pleased to be teaming up with the University of Colorado to help the Lyons Parks and Recreation Department. A portion of all tickets sales to the Homecoming game Arizona State VS CU Buffs October 15th will go to benefit Lyons Parks and Recreation. To order tickets please visit www.cubuffs.com/promo and this use promo code 2016LyonsRec. Tickets start at \$25. If you have questions you can contact Dustin German with CU Buffs Football at 303-735-7973 or Dustin.German@Colorado.EDU

Lyons Redstone Museum

340 High Street,
(Corner of Fourth Ave. & High St.)
P.O.Box 9, Lyons, CO
303-823-5271

Open Daily May 30 - October 2, 2016
Mon-Sat 9:30 am - 4:30 pm
Sundays 12:30 - 4:30pm

The Town's old schoolhouse, first built in 1881, and restored as the town museum in 1979, depicts the history of the Lyons area in displays, photos, and genealogy. Walk the three aisles of black and white photographs, showing Lyons in the early 1900s. Old books and history books for sale at the gift shop. FREE admission. Donations appreciated.



**Lyons Redstone Museum
(1881 Schoolhouse)**

Red Rock Ramblers Square Dancing

Every Saturday June 18- Labor Day at the Lyons Elementary Gym (4th & Stickney)
Rounds 7:30pm. Squares 8:00-10:15p.m.
Great Callers & Cuers, Fun & Fellowship
303 823 5925\6096 lavern91@aol.com

Adopt-A-Park, Trail or Landscape

This program provides additional maintenance to the Town's parks and open spaces. The program encourages businesses, organizations, clubs, churches, schools and individuals to volunteer their time, talents and/or money to the maintenance and improvements to the Town parks, trails and open spaces.

An individual or group may adopt a park, trail or landscape with the assistance of the Parks and Recreation Department. Your commitment to the program is one year except in the first year when all contracts are written through December 31.

Call 303-823-8250 or visit us online. Your application will be reviewed and a representative from the department will contact you to coordinate your program and a contract will be prepared for your review and signature.

Tree Dedication Program

Dedicate a tree to honor someone. An individual or group may purchase a tree and assist in choosing an area that you would like to see it placed. Contact us at 303-823-8250 for applications or go online. Applications will be reviewed, and a representative from the department will contact you to coordinate your tree location.



Have you ever considered applying for the Child Care Assistance Program, or CCAP. Boulder County CCAP

helps eligible low-income residents pay for child care while they are working, searching for employment, or going to school. CCAP offers crucial supports for parents and caregivers who are unable to afford child care for their children up to 12 years old, and children up to 19 years old with disabilities. We offer drop-in "open hours" every Tuesday and Thursday from 11am to 1pm at the Boulder County Housing and Human Services offices in Boulder (3460 Broadway) and Longmont (515 Coffman Avenue, Suite 100). Not sure if you are eligible? Check out Colorado.gov/PEAK and use the "Am I eligible" tool or visit our website for eligibility requirements/ restrictions. www.bouldercountychildcare.org. Email us at ccap@bouldercounty.org or call 303.678.6014.

Dr. Alexis Saccoman Substance Abuse Education Community Event

The Town of Lyons is pleased to welcome Dr. Alexis Saccoman to educate parents and teens on addiction, recovery, and the scientific effects of substance abuse on the teenage brain. No matter what you think you know on this topic, you will be surprised about what you don't know. This event is extremely informative and entertaining for all! Dr. Alexis is a dynamic and comedic presenter who also brings a teenager with first-hand experience to speak about the struggles associated with addiction. Toward the end of this presentation, there will be a panel which consists of people who specialize on the issue of adolescent substance use. By attending this event, you will receive a free light dinner prior to the presentation and American Red Cross certified childcare for children younger than 6th grade. Registration is required. When registering specify the number of people attending the presentation, and the number of children for childcare.

Age: 6th -12th Graders & parents
Fee: Free
Dates: September 14th, 2016
Time: 5:30 PM - 8:00 PM
Location: Lyons Middle/Senior High School Auditorium
Instructor: Dr. Alexis Saccoman PsyD
Deadline to Register: September 12th

Shuffleboard

Come play on Lyons Shuffleboard Court (Bohn Park Multi Use Sport Court). It's free and it's always fun to challenge a family member, co-worker, or friend to a match. Equipment is available at Lyons Town Hall during normal business hours, Mon.-Fri., 8 am-4:00 pm.



Pottery Class for Kids

What could be more fun than getting your hands on some clay and letting your imagination soar as you to create. We are offering 4 different pottery sessions for your child to attend each one creating something different. Sign up for as many as you'd like, you'd don't have to attend all of the classes. Your child may opt to do the designated creation, or simply create their own masterpiece. Parents are welcome and encouraged to join! You won't want to miss this class! (Lori LeGault will take sign-ups to pick up any kids from Lyons Elementary School and walk them to the Walt Self Building. Pack a snack for your kids!

Age: 6+
Fee: \$20.00 Per Class Per Child
Dates:
October 5th - Pueblo coil & pinch pots
October 12th-Slab hand building, drawing and impressions
October 19th- Bobble head animals combining pinch pot and slab impression techniques
October 26th- "Spoon skulls " to celebrate Dia de Los Muertos
Time: 3:00 PM - 4:30 PM
Location: Walt Self Building Basement (entrance is around the back side of building)
Instructor: Julie Adair
Size: Minimum 4/ Maximum 10
Deadline to Register: One week prior to each class

Baby and Toddler Play Group

Come out and enjoy the park and meet new friends! Meet at the toddler playground and "Quarry" Shelter to start our play there. If you join up a little later and no one is there, then look for friends at the fire pit near the ice skating rink, or in the larger playground on the north side of the park!

Age: All Ages
Fee: FREE
Dates: Mondays, Starting Sept. 12th
Time: 8:00 AM-10:00 AM
Location: Lavern M. Johnson Park at the Quarry Shelter (near the toddler playground)

Raising Resilient Children in a Stressful World

The Town of Lyons in partnership with the Lyons Elementary School PTO is pleased to welcome Boulder Psychological Services to educate and empower parents on three pertinent topics affecting our youth. The first of the three presentations is a community discussion on parenting in our turbulent times and how to prepare our children for the challenges ahead. Upon attending this event you will receive a free light dinner before the presentation and American Red Cross certified childcare. Registration is required. When registering specify the amount of people attending the presentation, and the amount of children for childcare if needed.

Age: PreK-5th Grade parents
Fee: Free
Dates: November 15th, 2016
Time: 6:00 PM-7:30 PM
Location: Lyons Elementary School – Room TBD
Instructor: Boulder Psychological Services
Deadline to Register: November 8th, 2016

Hunter Education



Volunteers from the State of Colorado Division of Wildlife will be teaching a hunter education course. In Colorado, anyone born after January 1, 1949 is required to take a 15-hour course. Hunter Edu-

cation certificates are valid in all states and are good for life (unless laws are violated). Areas to be touched on during the course include: survival, ethics, conservation, wildlife management, the law, field care of game, game identification, and the philosophy of hunting. To sign up for the course please call 303-823-8250 and leave a message with all names of those who will be attending and contact information.

Age: 7 and older
Fee: \$10 per student
Dates: Saturday October 8th and 8 am-5 pm
 Sunday October 9th 9 am-3 pm
Location: Walt Self Building
Instructor: Mike Hora
Class Size: 10 Minimum/40Maximum

American Red Cross Babysitter's Training

The American Red Cross Babysitter's Training course is fun and fast-paced with hands-on activities, exciting video, role-plays and lively discussions. Youth ages 11 to 15 learn child-care, basic first aid, leadership and communication skills. Upon completion, participants will receive a certificate of completion. Please bring lunch, snacks and water.

Age: 11-15
Fee: \$55
Dates: Saturday October 15th
Time: 9:00 AM - 4:00PM
Location: Walt Self Building BASEMENT (Entrance at back of the building)
Instructor: Lori LeGault
Size: Minimum 5/ Maximum 8
Deadline to Register: October 3rd



American Red Cross First Aid/CPR Certification Child/Infant

The American Red Cross First Aid/CPR class is for youth who want to **only** learn the skills necessary for First Aid and Child/Pediatric CPR Certification. We will watch videos, have hands on activities and practice on mannequins. Upon completion, participants will receive a certificate of completion. Bring lunch, snacks and water.

Age: 11-15
Fee: \$40
Dates: Sunday October 16th
Time: 9:00 AM-1:30 PM
Location: Walt Self Building BASEMENT (Entrance at back of the building)
Instructor: Lori LeGault
Size: Minimum 5/ Maximum 8
Deadline to Register: September 30th

Fairy Garden Making

Come join us to make mini fairy gardens. Let's use our imaginations to make dreamy fairy gardens to brighten any room. Bring any miniature decorative items you would like to include in your garden and there will be many more items to choose from. If parent requests Lori LeGault will collect sign-ups to pick up any kids from Lyons Elementary School and walk them to the Walt Self Building. Pack a snack for your kids! A waiver needs to be signed ahead of time.

Ages: 7-18
Fee: \$25.00 Per Child
Dates: September 21st and 28th
Time: 3:00 PM-4:30 PM
Location: Walt Self Building Basement
Instructor: Julie Adair
Size: Minimum 4/ Maximum 10
Deadline to Register: September 14th

Learn Pickleball for Kids and Adults

Pickleball craze is sweeping the nation. A combination of badminton, ping pong and tennis is played with a wiffle ball on a short tennis court. It's fun, social and easy to learn, making it one of the nation's fastest growing sports. Come learn the basics of the sport from a local Lyons Pickleball player! Bring a tennis racquet and a water bottle.

Age: 10+
Fee: FREE
Days: September 7th and 14th
Times: 4:30-5:45 PM
Location: Bohn Park Multi Use Sport Court
Instructor: Sam Keane
Deadline to Register: Drop-in

Learn Sewing Basics

This class is for youth who are ready to learn the basics of sewing and complete a small project. Our local Lyons 50+ sewing friends will be instructing and helping youth learn the art of using a sewing machine. Please bring your sewing machine if you have one. When you register, you may be asked to bring specific materials for the planned project.

Age: 10+
Fee: FREE
Days: Sept. 29th, Oct. 27th, & Nov. 22nd
Times: 3:30-5:00 PM
Location: Walt Self Building Basement
Instructor: Claire De Vitto and other helpers
Deadline to Register: 1 week prior

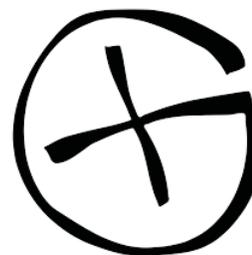
Renaissance Adventures

Sword Skirmish

Capture the flag with foam swords! (actually, it's so much more. Skirmishers are divided into small teams to overcome a series of challenges that require teamwork, planning, fast thinking, and plenty of dueling, using safe foam Swasher sword sports equipment. This is a high-energy, incredibly fun, FREE event for kids age 6-12, offered by Renaissance Adventures. Since 1995, Renaissance Adventures has led award-winning summer camps, birthday parties, after-school programs, and events for children and teens, with the mission to develop 21st century skills through live-action role-playing games. Learn more at www.RenaissanceAdventures.com.

Age: 6-12 Year Olds
Fee: FREE
Dates: Thursday, September 8th
Time: 5:00 PM - 6:00 PM
Location: LaVern M. Johnson Park (Formerly Meadow Park)
Instructor: Renaissance Adventure Staff
Size: Minimum 5/ Maximum 25
Deadline to Register: September 5th

Geocaching and Orienteering



Are you ready for a real life adventure close to home? Then join us on a treasure hunt to find a geocache and learn orienteering skills along the way! Bring a backpack, hat, sunscreen, water, and a small offering for the geocache as your child takes something already in the geocache. Meet at trailhead.

Age: Ages 5-17- A parent must be present under 12 years old
Fee: \$20.00 Per Child
Dates: Sept. 24th Picture Rock Trail
 Oct. 22nd Hall Ranch
Time: 10:00 am-12:30 pm
Instructor: Dean and Ann Haakinson
Size: Minimum 5/ Maximum 15
Deadline to Register: One week prior to each session

Support and Exploration for Families who have Children with Disabilities

This is an opportunity for families with children of any age who have disabilities and challenges. Together we will learn and discuss what we each face as parents, share resources, discuss what we'd like to see included in the Lyons area. Please join the discussion. Child care is not provided.

Age: Adults
Fee: FREE
Days: September 15th
Times: 6:30 PM
Location: Lyons Regional Library
Instructor: Katherine Weadley
Deadline to Register: Drop-in

Learn Pickleball for Kids and Adults

Pickleball craze is sweeping the nation. A combination of badminton, ping pong and tennis is played with a whiffle ball on a short tennis court. It's fun, social and easy to learn, making it one of the nation's fastest growing sports. Come learn the basics of the sport from a local Lyons Pickleball player! Bring a tennis racquet and a water bottle.

Age: 10+
Fee: FREE
Days: September 7th and 14th
Times: 4:30-5:45 PM
Location: Bohn Park Multi Use Sport Court
Instructor: Sam Keane

Hunter Education

Volunteers from the State of Colorado Division of Wildlife will be teaching a hunter education course. In Colorado, anyone born after January 1, 1949 is required to take a 15-hour course. Hunter Education certificates are valid in all states and are good for life (unless laws are violated). Areas to be touched on during the course include: survival, ethics, conservation, wildlife management, the law, field care of game, game identification, and the philosophy of hunting.

Age: 7 and older
Fee: \$10 per student
Dates: Saturday October 8th and 8 am-5 pm
Sunday October 9th 9 am-3 pm
Location: Walt Self Building
Instructor: Mike Hora
Class Size: 10 Minimum/40Maximum

Open Basketball

Indoor Basketball is available this year on Thursdays at the Lyons Elementary School Gymnasium as a drop in.

Age: 18+
Fee: \$ 5 per drop in
Dates: Every Thursday
September 1- March 23
No Use Dates Nov. 24
Dec 22, 29, March 30
Time: 8- 9:30pm
Location: Lyons Elementary Gym

Adult Open Volleyball

The Town of Lyons Parks and Recreation is pleased to offer open volleyball in our new sand volleyball. We hope a lots of folks can make to allow for a fun competition.

Age: 18+
Fee: FREE
Dates: Thursdays, Sept. 22nd- Oct 27th
Time: 6:00 PM-7:00 PM
Location: LaVern M. Johnson Park Sand Volleyball Court
Instructor: Designated Captian TBD
Size: Minimum 5/ Maximum 8
Deadline to Register: DROP IN

Adult Open Corn Hole

Open corn hole "bags" games will be offered weekly in LaVern M. Johnson park. We hope a good amount of folks can make it out for a fun competition.

Age: 18+
Fee: FREE
Dates: Thursdays starting
Septmeber 22nd- October 27th
Time: 6:00 PM-7:00 PM
Location: LaVern M. Johnson Park

Open Tennis Court

This is a great FREE opportunity for people to come play a relaxed game of tennis, and meet people in town! No experience necessary. Open to all skill levels and purely recreational in nature.

Age: 18+ years
Fee: Free
Dates: September 12 - October 27
Days/Times: Mon. & Thurs. 1-5pm
Location: Bohn Park Multi Use Sport Court

Active Adult 50+ Book Club

Let's gather and enjoy reading some great literature! This is a book club for Active Adults 50+ meeting at the Walt Self Building. To be a part of the book club, simply RSVP. Next, go to the Lyons Regional Library to pick up your copy of the book we are currently reading. The book club meets on the third Thursday of the month to discuss the book in detail and decide on the next book to read. We have lots of fun, don't miss out, join any time!

Age: 50+
Fee: FREE
Dates: September 15th, October 20th, November 17th, December 15th
Time: 12:30-2:00 PM
Location: Walt Self Building Upstairs
Instructor: Lori LeGault
Size: Minimum 4/ Maximum 25

Be a Helper for Youth Sewing

Do you have some sewing skills you can pass on to Lyons youth? If so, please come and enjoy some time with youth who are learning basic sewing skills. Please call Parks and Recreation to let them know you will be coming to the class to help at 303-823-8250.

Age: 50+
Fee: FREE
Days: Sept. 29th, Oct. 27th & Nov. 22nd
Times: 3:30-5:00 PM
Location: Walt Self Building Basement
Instructor: Claire De Vitto
Deadline to Register: Drop-in

Basic Computer Skills Class

Lyons Parks and Recreation in collaboration with the Lyons Regional Library is pleased to offer a basic computer skills class for Lyon's Seniors' at the Lyons Regional Library. This class will go over e-mail, Facebook, and internet skills, and can help you get more connected with all of the most used Lyons Facebook pages. There is a maximum of 5 participants for this class so you must RSVP.

Age: 50+
Fee: FREE
Dates: Tuesdays, September 13th, October 18th, November 29th
Time: 1-2PM
Location: Lyons Regional Library
Instructor: Lori LeGault and Library Staff
Group Size: Maximum 5

Fitness Class

Lyons Recreation Program Assistant, Lori LeGault will be leading a 1 hour and 15 minute total body workout. Starting and ending at the Walt Self Building basement, participants will do a 30 minute brisk walk on back roads, then upon arrival back at Walt Self we will do 30 minutes of strength training using resistance bands. The session will end with 15 minutes of balance and flexibility. You are allowed to join in/or duck out during any portion of the class. For example, if you only want to do the strength training part, you can join at 11:15 to finish the class, or if you only want to walk, then simply join for that part. Please dress appropriately for exercise with layers and bring a water bottle.

Age: 50+
Fee: FREE
Dates: Every Wednesday
Time: 10:15 AM-11:30 AM
Location: Walt Self Building Basement
Instructor: Lori LeGault

Monthly Birthday Celebration



Join us on the 4th Friday of every month to celebrate that month's birthdays! There will be birthday cake, coffee, and other fun means of celebrating.

Age: 50+
Fee: FREE
Dates: August 26th, September 23rd, October 28th, January 27th
Time: 1-3PM
Location: Walt Self Building
Instructor: Parks & Recreation Staff

Active Adult 50+ Craft Making

The Town of Lyons Parks and Recreation is pleased to offer a gathering for good company and fun crafting. We will craft a useful item that you will love in your home or as a gift to someone else!

Age: 50+
Fee: FREE
Dates: October 6th & December 8th
Time: 12:30-2:00 PM
Location: Walt Self Building
Instructor: Lori LeGault
Size: Minimum 5/ Maximum 15
Deadline to Register: September 30th

Drop In Pickleball

Do you love to play pickleball or want to learn how to play? If so, come on over and join the fun! Bring a racquet with you and some water.

Age: 50+
Fee: FREE
Days/Times : Mondays, Wednesdays
 Fridays 5:30 PM-7:30 PM
 Tuesdays and Thursdays
 8:00 AM-10:00 AM
Location: Bohn Park Multi Use Court
Instructor: Sam Keane

Estes Park Museum Trip

Participants will take a VIA transportation bus to the Estes Park Museum for an informative guided tour of the current exhibits and then enjoy ourselves for lunch at Poppy's Pizza and Grill.

Age: 50+
Fee: \$5.00 (Lunch is included)
Day: September 22nd
Times: Leaving from Walt Self
 Building at 9:00 AM,
 Returning at 3:00 PM
Location: Estes Park Museum
Size: Minimum 4/ Maximum 12
Deadline to Register: September 13th

Arvada Center Trip

Come join us at the Arvada Center to see the musical "I'll Be Home for Christmas." Set in 1969, the Bright family prepares for their annual Christmas variety show, one of the most watched and anticipated television events of the year. In the midst of rehearsals, they welcome their eldest son home from the war. A decorated hero and former teen idol, Simon is challenged by his return to civilian life and the expectations and anticipation of performing again. I'll Be Home for Christmas is set in the hours leading up to and during the live TV broadcast, featuring rich costumes and great dance numbers. We will get to the Arvada Center in time to eat lunch.

Age: 50+
Fee: \$5.00 (boxed lunch provided)
Day: December 14th
Times: Leaving from Walt Self
 Building at 10:30 AM,
 Returning at 4:00 PM
Location: Estes Park Museum
Size: Minimum 5/ Maximum of 20
Deadline to Register: November 14th

Active Adult 50+ Hiking



Let's get out and enjoy our local trails now that it's cooling down! You will need to be able to get yourself to the

trail head or carpool there. Please bring a small backpack with water, hat, sun-screen, snacks/lunch. You are welcome to bring friends along, just please let us know!

Age: 50+
Fee: FREE
Dates: September 27th - Hall Ranch
 Open Space
 October 11th - Rabbit Mountain
 Open Space
 November 8th-Picture Rock Trail
 (Heil Valley Open Space)
Time: 10:00 AM-1:00 PM
Location: Places vary, see next to date
Instructor: Lori LeGault
Size: Minimum 5/ Maximum 15
Deadline to Register: Please RSVP at least 3 days prior to the hike

It's Your Trip, Make the most of it!

- *Register before the deadline. Registration deadlines help us make necessary arrangements.
- *Register early; bus space is limited. Please contact us if you have registered, but will be unable to attend. We will use the waiting list to fill open spots.
- *If you have needs that require special accommodations, let us know at the time of registration.
- *Plan to arrive 15 minutes before the scheduled departure time.
- *Bring water.
- *Dress appropriately.
- * Plan for lunch. (See details for each trip.)
- *Some trips will have opportunities to pur

Lyons Halloween Spooktacular Parade and Festivities

Lyons Halloween Festivities will be held on Saturday, October 29, 2016 starting in Sandstone Park from 3-5:30 pm. Be sure to check out all the fun activities before the parade, including live music and spooktacular games and all sort of tricks and treats for gouls and goblins.

The parade line up will begin at 5:45 pm on 3rd Ave. between Broadway and Main St.(east side of Bank of the West)The parade will start promptly at 6 pm. Area residents are encouraged to dress in fun and unique Halloween costumes and march in the parade this year!

If you are interested in submitting an entry into this year's parade (other than walking in your costume) you must contact Lyons Parks, Recreation and Cultural Events Department at 303-823-8250 beofre the parade, so staff can make appropriate accommodations. Immediately following the parade,will be the annual downtown trick or treat. Come out and help support these events. A good time will behead by all!



Special Event Sponsorships

The Town of Lyons Department of Parks, Recreation & Cultural Events is seeking enthusiastic businesses/ individuals to sponsor 2016 events and activities. There are various levels of sponsorship to choose from for each event, each offering different benefits before and during each event. Please go to www.townoflyons.com for current sponsorship information. All donations are tax deductible. Your sponsorships dollars help us to continue with a strong tradition of quality community special events. If you have questions or wish to volunteer for events, please contact the department at 303-823-8250.

Lyons Lights and the Parade of Lights



Photo by Ed Bruder

Saturday, December 3, which is the night of the Parade of Lights, when the schedule will run 5pm-6pm and 8pm-9pm. The highlight of the weekend is sure to be the Holiday Parade of Lights on Saturday, December 3. The parade will start at 6:30 pm and will be filled with illuminated, colorful floats, many of which will be decorated. To this year's parade theme "Do you hear what I hear".

Be sure to catch live music and entertainment following the parade at approximately 7:15 p.m. in Sandstone Park on the Raul Vasquez Community Stage before the fireworks. At approximately 7:40 pm there will be a wonderful fireworks display

made possible by donations received from local supporters. If you are interested in entering the parade this year, please contact the Parks and Recreation Department.

take place from 5pm to 8:30pm every night except Saturday, December 3, which is the night of the Parade of Lights, when the schedule



Photo by Ed Bruder

A hometown favorite that you will want to enjoy with your family and friends. Lyons Lights returns to Sandstone Park in 2016 for another extended stay. Starting on December 3, 2016 and running through Christmas Day, be sure to come out to enjoy the colorful, exciting, dancing light display synchronized to holiday music. Lyons Lights will

LaVern Johnson (Meadow) Park- (500 Park Dr.)

Bounded on three sides by the North St. Vrain River and sandstone cliffs, Meadow Park is a community favorite year round. With over seven acres of parkland which includes an abundance of recreational opportunities there is plenty of room to escape and take in the beauty of Lyons no matter what the season. After the destruction of the 2013 floods LaVern Johnson Park has been under construction and was completed in September of 2016.



LaVern Johnson Park Facilities

WPA Shelter

Constructed by the Worker Progress Administration circa 1933, this historic shelter facility has since been restored and remodeled in 1997 through a grant funded by the Colorado Historical Society. In 2013, this shelter was demolished by a devastating flood and had to be rebuilt. The only part of the original structure that survived the flood was the chimney, which was stabilized and can be used with a permit. Listed on the State Historic Register, now visitors can enjoy the protection of this new shelter for picnics and gatherings. Furnished with picnic tables and a fireplace, this shelter is centrally located to many park activities. To reserve a shelter,

St. Vrain Shelter

Built in 1996 through a grant funded by Great Outdoors Colorado and awarded a Colorado Lottery Starburst Award in 1997, this shelter facility houses restrooms, shower, picnic tables and a large grill for visitors to enjoy. The south shelter is in a great location for a day in the park. To reserve a shelter please contact the department.

Golden Eagle Playground

Built in 2016 after the complete rebuild of Meadow Park after the 2013 flood, the Town of Lyons completed the Bald Eagle playground for kids from all over to come and visit.

Quarry Shelter

Built in 2016 after the complete rebuild of LaVern Johnson Park, This shelter facility houses picnic tables and a large grill. The Quarry shelter is in a great location near the volleyball court and Bald Eagle Playground. To reserve a shelter please contact the Department.

Treehouse Playground

Built in 2016. The Golden Eagle playground has climbing structures and a tree house and zip line for kids to enjoy.



Kurt Carlson Skate Park

Named after former Parks Director, Kurt Carlson, for his major work on the project, the Kurt Carlson Skateboard Park was a collaborative effort that began in 1999. Ramps were installed and the ribbon was cut in 2001. Currently there are two phases of ramps that have been installed. Users of this facility should have on file a Town of Lyons Skate Park Release Form and fully understand the rules that are posted.



Sandstone Park- (350 Broadway)

Located in the heart of Lyons, Sandstone Park is the home to the Lyons Visitor Center. Take some time to picnic and appreciate the fine sandstone masonry throughout the park. Also, check out the Lyons Mural on the Visitors Center west side, a community art project dedicated in 2003. Be sure to see the many live musical and cultural community performances scheduled throughout the year on Raul Vasquez



Raul Vasquez Community Stage



The stage in Sandstone Park was built in the summer of 2004 with Colorado Lottery Conversation Trust Fund money in conjunction with the University of Denver School of Architecture. The Town was honored with a Colorado Lottery Starburst Award in 2005 for this outstanding facility. Named after local business owner, Raul Vasquez, who donated the stone for the facility, the stage provides Lyons a visible location for its multitude of talented, local, and featured guests. Call the Lyons Department of Parks, Recreation and Cultural Events for fees and availability.

Visitor Center Services



The Lyons Visitor Center provides a number of visitor services including restrooms, drinking fountain, maps, guidebooks, and local and regional information. For a \$10.00 fee visitors may also obtain the keys to the RV sewer disposal station located across 4th Avenue to the west. When the visitor center is not open, the key may be obtained from the Lyons Town Hall Monday thru Friday 8am-4pm. Open from Memorial Day to Labor Day. Please stop by Sandstone Park on your visit and see what Lyons and the surrounding area have to offer!

Bohn Park- (199 2nd Ave.)



Just south of the confluence of the North and South St. Vrain Creeks this beautiful 40 acre park was recognized by the Colorado Lottery for creative use of funds. Currently Bohn Park offers users a multitude of recreational opportunities. After the 2013 Floods the Town of Lyons will begin the rebuilding of the park from the 2013 flood damage in the Fall of 2016 with an estimated completion in the Summer of 2017.

Bohn Park Facilities

Off-Leash Dog Area

All dogs must be on-leash within the Town of Lyons city limits except in Bohn Park Off Leash Dog Area. The area includes the southern most 10 acre portion of Bohn Park. This area is designated by fencing and signage. Please read and abide by all rules and regulations.

Dirt Jump Bike Park

Originally constructed in 2008 for the Lyons Outdoor Games, it was received with great enthusiasm by the community. In 2009, Lee McCormack, founder of Pump Track Nation, helped design additions to the facility. This facility includes natural terrain & materials that mimic the local trails that riders will encounter.

Multi-Use Sport Court

Built with GOCO funds, residents can enjoy a game of pick-up basketball or just shoot around at this multifunctional facility that can also be used for pickle ball, tennis, and shuffleboard. Facility is used on a first come, first serve basis unless reserved through the department. Contact the department to reserve.

Multi-Purpose Field

A cooperative effort between the Town of Lyons and the St. Vrain Valley School District, the multi-purpose field at Bohn Park is a shared facility between the two entities. Please contact the department to schedule the use of this facility.

Playground

Built in late 2006 with funds provided by GOCO and the Blue Mountain Foundation. Please respect the equipment and the rules. Equipment is designed for 5-12 year olds.

Open Space

The Town of Lyons Department of Parks, Recreation & Cultural Events currently has several open space resources. These lands often provide community-wide benefits and are owned and managed by the Town. Of the Town's complete parkland inventory, approximately 110 acres are dedicated open space. The parts of the parks and recreation inventory considered as open space have few or no developed amenities, and are characterized by natural terrain and vegetation.



Anyone with concerns or questions about these properties should contact the Parks and Recreation department.

Walt Self Resident Building



The Town of Lyons has the responsibility for scheduling and utilization of the Walt Self Resident Building by the Executive Director of the Boulder County Housing Authority. The following rules and policies apply to all users of the Walt Self Resident Building:

PRIORITIES FOR USE:

First Priority – Residents of the Walt Self Senior Apartments

The Resident Building is considered an extension of the resident's living space and as such, the residents who reside at the Walt Self Senior Apartments shall have first priority for the use of the Resident Building.

Second Priority – Organizations/Individuals Assisting Residents of the Walt Self Senior Apartments or the older adults who reside in the Town of Lyons

Examples of these organizations include:

Walt Self Resident Committees, Senior Advisory Groups, non-profit organizations serving older adults, Boulder County Aging Services, Lyons Senior Advisory Council, Lyons Golden Gang, and GAP are all examples of such organizations.

This also applies to individuals or organizations that provide educational, entertainment or group activities that serve the senior adults in Lyons.

These groups will be required to submit a security deposit prior to reserving the facility, however, will not be charged a rental fee.

Third Priority – Compatible Groups and Organizations

This refers to outside parties approved by the Town of Lyons or the Boulder County Housing Authority that provide a public benefit. This includes any use by the Boulder County Housing Authority or the Town of Lyons. Recreational programming, various informational services, and public safety courses are a few examples of such uses.

The Resident Building may not be used for private purposes for individuals who do not reside at the Walt Self Senior Apartments. This includes weddings, receptions, private parties, etc.

For questions or if you would like to reserve this facility please call 303-823-8250 or email recreation@townoflyons.com.

Community Resources

General Resource Needs

Town of Lyons Community Resource Specialist,
303.823.6622 ext. 16

Lyons Area Aging Resource Consultant, Lyons Office,
303.823.9016 www.bouldercountyaging.org

Boulder County Area Agency on Aging, 303.441.3570
www.bouldercountyaging.org

Aging Services Foundation, Boulder County,
303.441.4995 www.gingfoundation.org

Abuse/Neglect/Exploitation
Protective Services, 303.441.1000
www.bouldercounty.org

Alcohol & Drugs

Addiction Recovery Center (ARC), Boulder,
303.441.1275 www.bouldercounty.org

Boulder County AA, 303.447.8201
www.bouldercounty.org

Boulder Alcohol Education, 303.444.6142
www.boulderalcohol.com

Centennial Peaks Treatment Center, Louisville,
303.673.9990 www.centennialpeaks.com

Alcohol Diversion Program, 303.413.7547
www.bouldercounty.org

I Thrive, Longmont, 303.776.8184
www.alternativeforyouth.org

Caregiver Services

Aging Services Foundation, Boulder County,
303.441.4995 www.gingfoundation.org

Counseling Boulder County Crisis Line, 303.413.6388

Mental Health Center, mhpcolorado.org
Boulder, 303.443.8500 Longmont, 303.684.0555

HospiceCare of Boulder & Broomfield Counties,
303.449.7740 www.hospicecareonline.org

Children and Youth Resources, 303.651.8580
www.ci.longmont.co.us/youth_services

Lyons Middle Senior High School Prevention/Interventionist,
303.823.6631 ext. 45622

Culturally Diverse Assistance
El Comite de Longmont, Longmont, 303.651.6125
www.elcomitedelongmont.org

Intercambio de Comunidades, Boulder, 303.996.0275
www.intercambioweb.org

Native American Rights Funds, Boulder, 303.447.8760
www.narf.org

Domestic/Family Violence

Safehouse Progressive Alliance for Nonviolence,
Boulder, 303.449.8623 Crisis Line, 303.444.2424
www.safehousealliance.org

Safe Shelter of St. Vrain Valley, Longmont,
303.772.0432 Crisis Line (24 hours): 303.772.4422
www.safeshelterofstvrain.org

Restraining Order Information Line, 303.441.3775

Emergency Services

Aging Services Foundation, Boulder County,
303.441.4995 www.agingfoundation.org

EFAA, Emergency Family Assistance Association,
Boulder, 303.442.3042 www.efaa.org

Our Center, Longmont, 303.772.5529
www.ourcenter.org

Sister Carmen Community Center, Lafayette,
303.665.4342 www.sistercarmen.org

Boulder County Housing & Human Services,
303.441.1000 www.bouldercounty.org

Energy Assistance
LEAP, Boulder County, 1-866-432-8435).
www.bouldercounty.org

Emergency Family Assistance Association,
303.442.3042 www.efaa.org

Crisis Intervention Program, Boulder County,
303.678.6097 www.bouldercounty.org

Financial Exploitation

Community Protection Division, DA's Office,
303.441.3700

Financial & Transportation Assistance

Boulder County Housing & Human Services, Boulder,
303.441.1000 www.bouldercounty.org

Food Assistance/ Meal Programs
Lyons Community Church, Lyons, 303.823.6245
www.lyonscommunitychurch.com

Emergency Family Assistance Association, Boulder,
303.442.3042 www.efaa.org

Our Center, 303.772.5529 www.ourcenter.org

Sister Carmen Community Center, Lafayette,
303.665.4342 www.sistercarmen.org

Boulder County Housing & Human Services,
303.441.1000 www.bouldercounty.org

Meals on Wheels, Lyons, 303.823.6771

Community Resources

Foster Care & Adoption

Boulder County Housing & Human Services, Boulder, 303.441.1000 www.bouldercounty.org

Gay, Lesbian, Bi, Transgender-Support
303.441.1000 www.bouldercounty.org/family/lgbtiq

Out Boulder 303.499.5777 www.outboulder.org

LGBTQ Resource Center, 303.492.1377
www.colorado.edu/GLBTQRC

Parents, Families, & Friends of Lesbians & Gays of
Boulder County, 303.444.8164 www.pflagboulder.org

OASOS HelpLine, 303.678.6259 www.bouldercounty.org

Grief Services/Loss

HospiceCare of Boulder and Broomfield Counties,
303.449.7740 www.hospicecareonline.org

Health & Dental Assistance

Milestone Family Medicine 303-823-6535
www.luhcares.org

Public Health, 303.441.1000 www.bouldercounty.org

Boulder Valley Women's Health Center,
303.442.5160 www.boulderwomenshealth.org

Health Services, 303.650.4460 www.clinica.org

Longmont Clinic 303.776.1234 www.longmontclinic.com

Salud Family Health Center, Longmont,
303.776.3250 www.saludclinic.org

Dental Aid, Boulder, 303.499.7072; Longmont,
303.682.2619 www.dentalaid.org

Help with Nursing Home & Assisted Living
Long-Term Care Ombudsman, 303.441.1173

Homeless

Boulder Shelter for the Homeless, Boulder,
303.442.4646 www.bouldershelter.org

The Inn Between Transitional Housing, Longmont,
303.684.0810 www.theinnbetween.org

Attention Homes, Broadway Youth Center, Boulder,
303.447.1206 www.attentionhomes.org

Housing Assistance

Boulder County Housing & Human Services,
303.441.1000 www.bouldercounty.org

Boulder Housing Partners, 720.564.4610
www.boulderhousing.org

Longmont Housing Authority, 303.651.8581
www.longmontha.com

ProjectHope, Aging Services Foundation, Boulder
County, 303.441.4995 www.agingfoundation.org

Information and Assistance

CONNECT 303.441.1617 www.bouldercountyhelp.org

Medical & Mental Health Assistance

Boulder County Housing & Human Services, Boulder,
303.441.1000 www.bouldercounty.org

Medicare Counseling BCAA, 303.441.3570
www.bouldercountyaging.org

Nutrition/Wellness BCAA, 303.441.3570
www.bouldercountyaging.org

Aging Service Foundation, Boulder County,
303.441.4995 www.agingfoundation.org

Rape/Sexual Assault

Rape Crisis Information Hotline, 303.443.7300

Blue Sky Bridge, Boulder, 303.444.1388
www.blueskybridge.org

MESA-Moving to End Sexual Assault, Longmont,
303.443.0400 www.movingtoendsexualassault.com

Recreation

Circle of Care, Boulder, 303.449.8884
www.circleofcareproject.org

Reproductive & Sexual Health Clinica Family Health
Services, 303.650.4460 www.clinica.org

Boulder Valley Women's Health, 303.442.5160
www.boulderwomenshealth.org

Planned Parenthood, Longmont, 303.321.7526
www.plannedparenthood.org

Salud Family Health Center, Longmont,
303.776.3250 www.saludclinic.org

Respite Services

BCAAA, Boulder County, 303.441.3570
www.bouldercountyaging.org

Aging Service Foundation, Boulder County,
303.441.4995 www.agingfoundation.org

School Issues/Dropping Out

Lyons Middle Senior High School Prevention/Inter-
ventionist, 303.823.6631 ext. 45622

St. Vrain Valley School District, 303.776.6200

Boulder Valley School District, 303.447.1010

Sexual Assault

Rape Crisis Information Hotline, 303.443.7300

MESA-Moving to End Sexual Assault, Longmont,
303.443.0400 www.movingtoendsexualassault.com

Community Resources

Sexually Transmitted Diseases

Planned Parenthood, Longmont, 303.321.7526
www.plannedparenthood.org

Salud Family Health Center, Longmont, 303.776.3250
www.saludclinic.org

Boulder Valley Women's Health Center, Boulder,
303.442.5160 www.boulderwomenshealth.org

Local HIV/STI Testing & Counseling, 303.413.7500

Suicide

National Suicide Prevention Lifeline, 1.800.273.TALK
Child Crisis Line, 303.413.6388

Mental Health Center, www.mhpcolorado.org
Boulder, 303.443.8500 Longmont, 303.684.055

Teen Pregnancy & Reproductive Health
GENESIS Program, Boulder, 303.413.7529
Longmont, 303.678.6155 www.bouldercounty.org

GENESISTER, Boulder, 303.413.7529
Longmont, 303.678.6139 www.bouldercounty.org

Boulder Valley Women's Health Center, Boulder,
303.442.5160 www.boulderwomenshealth.org

Planned Parenthood, Longmont, 303.321.7526
www.plannedparenthood.org

Salud Family Health Center, Longmont, 303.776.3250
www.saludclinic.org

Longmont Clinic 303.442.5160 www.teenclinic.org

Clinica Family Health Services, Boulder,
303.650.4460 www.clinica.org

Transportation

Via, Boulder, 303.447.2848 www.viacolorado.org

Additional Online Resources

City of Longmont Children & Youth Resources, Long-
mont, 303.651.8580 www.ci.longmont.co.us

Alternatives for Youth, Longmont, 303.776.8184
www.alternativesforyouth.org

RTD 303-299-6000 www.rtd-denver.com/

Hotline Crisis Support

National Hopeline Network 1-800-442-HOPE

Reporting Abuse

Anyone may make a report of suspected abuse to either the Department of Housing and Human Services or Law Enforcement. You do not need proof, just a suspicion.

In Boulder County call the Department of Housing and Human Services at 303.441.1000 or Law Enforcement at 303.441.4444

Local Service Providers

The Town of Lyons Parks and Recreation staff is striving to provide a broad spectrum of recreation opportunities for a wide range of ages, interests and abilities. However, we also acknowledge that not every recreational interest is addressed in our program line up. With this in mind, we encourage you to contact one or more of the other local providers that provide programs in the community/area.

Lyons

St. Vrain Youth Football (Soccer) 720-442-1771
Mayama Movement Studio 303-823-9262
Namaste Yoga 781-635-6719
YGO-Yoga Delivered 303-588-5657
Pilates of Lyons 720-934-7887
Centura Health Physician 303-823-6535

Surrounding Area

BoCo Parks & Open Space 303-678-6200
Longmont Baseball League 720-684-6286
Airborne Gymnastics 303-651-1456
Dance Dimensions 303-772-3750
St. Vrain Youth Soccer 303-651-2256
Live Well, Prestige Plus 303-651-5080
Boulder County La Crosse 303-817-5426
Longmont Boxing Club 303-682-1810
Longmont Athletic Club 303-772-4700
Longmont YMCA 303-776-0370
Longmont Swim Club 303-702-0972
Twin Peaks Travel & Scuba 303-678-7080
City of Longmont Parks & Rec,
303-776-6050
City of Boulder Parks & Rec.
303-413-7200
High Altitude Archery 720-491-3309
Archery in the Wild 720-652-9100



432 5th Ave.
P.O. Box 49
Lyons, CO 80540
303-823-8250

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The Lyons Department of Parks, Recreation and Cultural Events is looking for local businesses who are interested in advertising in the upcoming Recreation Brochure. If you are interested please contact the department at 303-823-8250. A great way to reach your target audience and help support your local parks and recreation department!